



The MillenniumTM
School

Surat

Meal Menu

JANUARY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		01 <i>Happy New Year 2025</i>	02 Dabeli Rasawali Gobi Ki Sabji, Roti, Dal Fry, Stema Rice, Moong Dal Sheera	03 Pasta Fansi Sabji, Roti, Gujarati Dal, Rice	04 HOLIDAY	05 HOLIDAY
06 Idli, Sambhar, Chutney Sprout Math, Roti, Kadhi, Veg Pulav	07 Bhel Angoori Kofta, Roti, Dal Pancharatni, Steam Rice	08 Cutlet Sev Tomato, Roti, Palak Dal, Jeera Rice, Sprouts Salad	09 Poha Mutter Paneer, Roti, Mexican Chilli Beans Rice, Hot & Sour Soup	10 Yellow Dhokla, Chutney Undhiyu Sabji, Puri, Gujarati Dal, Rice	11 HOLIDAY	12 HOLIDAY
13 HOLIDAY	14 HAPPY Makar SANKRANTI 	15 	16 Dudhi Muthiya, Chutney Aloo Mutter, Roti, Dal Tadka, Rice	17 Uttapam, Sambhar, Chutney Flower Potato Dry, Roti, Khichadi, Kadhi	18 HOLIDAY	19 HOLIDAY
20 Misal Pav Palak Makai, Roti, Dal Makhni, Steam Rice	21 Ragda Tikki Chhole Chana, Roti, Masala Rice	22 Bhel Dum Aloo Kashmiri, Roti, Dal Fry, Rice	23 Kanda Poha Paneer Desi Handi, Roti, Dum Biryani	24 Mix Veg. Paratha, Curd Desi Chana, Roti, Moong Dal, Steam Rice, Gajar Halwa	25 HOLIDAY	26 HOLIDAY
27 Aloo Bonda Kathiyawadi Tuver, Roti, Dal, Rice	28 Tadka Idli, Chutney Methi Mutter Malai, Roti, Pakoda Kadhi, Steam Rice	29 Quesadilla, Hot Garlic Sauce Cabbage Sabji, Roti, Gujarati Dal, Jeera Rice	30 Sev Khaman, Besan Chutney Pavbhaji, Tawa Pulav, Spicy Potato Corn Salad	31 Uttapam, Sambhar, Chutney Rajma Curry, Roti, Stema Rice, Veg. Thukpa Soup		

Chickpeas and almonds contains almost
as much protein as steak.

